

**On behalf of the NHS we want to offer our sympathy and sincere condolences to you and your family at this sad time.**

**We recognise the difficulties and challenges that losing a loved one can bring and have set up a bereavement helpline to offer support and advice to families, friends and carers.**

The helpline can offer guidance and advice on dealing with grief and loss and is staffed by trained nurses who are highly skilled and experienced in working with bereaved families. The support service is available to you should you feel you need it during this time.

We understand losing a loved one is not easy, but you are not alone, the NHS Bereavement Helpline is here to listen and help.

**To speak to a trained nurse please call:**

**NHS Bereavement Helpline 0800 2600 400**

The helpline is open 8am to 8pm every day.

Our thoughts are with you and your family.